



IMA TELlicherry NEWS LETTER – OCTOBER 2014

Installation of New Office Bearers 2014-'15

26.09.2014: **GBM and Installation of new office bearers of IMA& WIMA**

Installation ceremony was on 26th September 2014 at Cosmopolitan Club, Thalassery. Mr. P Balakiran IAS, District Collector Kannur was the Chief Guest of the function. Dr P V George, Past National President IMA KSB installed the new office bearers. Dr. Dilnath Kallat, Dr. Pushparaj S R & Dr. Sajeew Kumar P B were installed as the President, Secretary and Treasurer. Dr. K V Seethalakshmi was installed as the WIMA Chairperson. Welcome and farewell address was given by Dr. Prashanth M, President 2013-'14. Chief Guest was introduced by Dr. Mammooty K, District Representative HBI. Installing Officer was introduced by Dr. Surendra Babu V P. Secretary Dr. Sanjeev Kumar presented the reports of the year 2013-2014. Dr. Dilnath Kallat and Dr. K V Seethalakshmi gave their acceptance speeches. Dr. Babu Ravindran, Past National IMA Vice President, Dr. Srikumar Vasudevan, Past President, IMA, KSB addressed the audience. The meeting was attended by

members of the IMA along with family, neighbouring IMA branches, other associations including Lions Club, Elders Forum, Senior Citizens Forum, Senior Chamber, Jaycees, IDA and members from the press. Vote of thanks was proposed by Secretary, Dr. Pushparaj S R .



ORGANIZATIONAL ACTIVITIES

01.10.2014: Executive Meeting
Executive committee was held at IMA hall on 01.10.2014. President Dr. Dilnath Kallat welcomed the gathering. 35 members attended the meeting.



22.10.2014: General Body cum Clinical Meeting

The *General Body cum Clinical Meeting* was held on 22.10.2014 at IMA Hall Thalassery at 8.00 pm. Interesting cases were presented by Dr Ramesan T& Dr.Dilnath Kallat. This was followed by a lively interaction. Dr. Dilnath presided over the meeting. 45 members attended the meeting.



26.10.2014: Managing Committee of Schemes.

Dr. Pradeep Kumar K(DTF Chairman, Kannur) attended the meeting held at Thiruvalla.

ACADEMIC ACTIVITIES

CME Programme:

19.10.2014: CME in association with Comtrust Eye care Hospital.

The full day CME organized by IMA Thalassery in association with Comtrust Eye

Care Hospital, Thalassery on 19.10.2014 at Royal Omars Kannur. Programme was focused on the practical aspects in management of cataract glaucoma and diseases of ocular surface and cornea.



SOCIAL ACTIVITIES

Medical Checkups & Camps

01.10.2014: IMA Thalassery conducted an Medical Camp at Samaritan Home, Thalassery. Free medicines were distributed. Dr. Dilnath Kallat. President IMA, Dr.Pushparaj S R, Secretary IMA, Dr.Rejna Dilnath, & Dr.K V Seethalakshmi examined the patients. About 36 patients attended the camp.



16.10.2014: Dr.Neethu and Dr.Nipsy attended the Pap Smear camp conducted to the Kudumbasree members at PHC Dharmadam.

Health Education

10.10.2014: Awareness classes at GH Thalassery conducted by IMA&WIMA Class taken by Dr.T Ramesan & Dr.Bindhu C K for Nursing students.



10.10.2014: Awareness classes at Christuraja Hospital Kuthuparamba conducted by IMA Class taken by Dr.Sajeev Kumar, Psychiatrist, Kannur Medical College.

15.10.14: Pain and palliative awareness class for Amrutha school students (9th and 10th class) conducted by Sri. Abdul Rahman Kolathayi, Ummer Kootumugham, Prof.Govindan, IMA

President Dr.Dilnath presided the function. Around 50 students attended the class.

17.10.14: "Effect on Environment on Health" class taken by Dr. T Ramesan for Plus Two Students for St. Josephs School, Thalassery.

OBSERVATION OF IMPORTANT DAYS

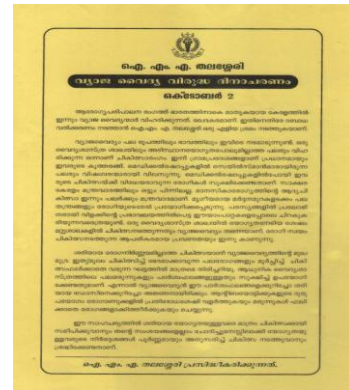
01.10.2014: Voluntary Blood Donation Day

Voluntary blood donation day was observed along with GH Thalassery at Engineering college Thalassery.50 members donated blood.



01.10.2014: Elders Day: IMA Thalassery conducted an Medical Camp at Samaritan Home, Thalassery. Free medicines were distributed. Dr. Dilnath Kallat.President

IMA, Dr. Pushparaj S R, Secretary IMA, Dr. Rejna Dilmath, & Dr. K V Seethalakshmi examined the patients. About 36 patients attended the camp.



10.10.2014: World Mental Health Day

Awareness classes at GH Thalassery conducted by IMA & WIMA. Class taken by Dr. T Ramesan & Dr. Bindhu C K for Nursing students.



02-10-2014: Gandhi Jayanthi

Conducted a cleaning program at Dharmadam Railway Station premises in association with Dharmadam Grama Panchayath, PHC Dharmadam and Govt. Brennen College NCC Cadets and Old students association of Govt. Brennen College.

02.10.2014: IMA Anti Quackery Day

Antiquackery day pamphlets were distributed all hospital in Thalassery, Railway Station, Bus Stand and through all news papers.

10.10.2014: Awareness classes at Christuraja Hospital Kuthuparamba conducted by IMA. Class taken by Dr. Sajeekumar, Psychiatrist, Kannur Medical college.

10.10.2014: World Pain & Palliative Day

Pain and palliative awareness class for Amrutha school

students (9th and 10th class) conducted by Sri. Abdul Rahman Kolathayi, Ummer Kootumugham, Prof. Govindan, IMA President Dr. Dilnath presided the function. Around 50 students attended.

11.10.2014: World Arthritis Day

IMA Thalassery in association with The New Cosmopolitan Club, Thalassery conducted a Free Arthritis awareness programme on 11.10.2014 at Cosmopolitan Club, Thalassery. Class taken by Dr. Vinod Ravindran, Consultant Rheumatologist, National Hospital, Calicut & Dr. Jayakrishnan Nambiar, Consultant Orthopedic Surgeon, Thalassery Co-operative Hospital. Serum uric acid estimation was done free of cost for the participants. Senior IMA Members attended the function.



27.10.2014: Pink Ribbon Day

Dr. Rejna Dilnath took a Cancer awareness class conducted by PHC Dharmadam and PHC Pinarayi at Bank Auditorium Melur. District Medical Officer Dr. Reena inaugurated the function.



SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

MISCELLANEOUS

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

10.10.2013: World Pain & Palliative Day

Pain and palliative awareness class for Amrutha school students (9th and 10th class) conducted by Sri. Abdul Rahman Kolathayi, Ummer Kootumugham, Prof. Govindan, IMA President Dr. Dilnath presided the function. Around 50 students attended the class.

08.10.2014: IMA Pain & palliative volunteers Honoured

Dr.T Ramesan for receiving states best blood bank medical officer award. Dr.Rajaram, supdt general Hospital presented the memento to Dr.T Ramesan .

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as association is benefited.

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22.10.2014 : IMA Thalassery honoured our member Dr.T

Ramesan for receiving best Blood Bank Officer award of Kerala State Government. 45 members attended the function.



Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 2200 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants of

various medical camps & functions conducted by IMA Thalassery.

Donation

10.10.2014 : Drugs were donated the IMA Pain and Palliative Care Society by Dr.Seethalakshmi K V, Mrs.Soumya Nambiar. Tea and snacks were distributed to the Volunteers. patients and bystanders attended the function.



Association with other organizations:

26.09.14 : Installation of new office bearers for the year 2014-15 attended all service organisation members like JCI, JCI Heritage City, Lions Club, Senior Citizen Forum, Senior Chamber, Elders Forum, Bar Association, Cosmopolitan Club & Officers Club.

IMA & MEDIA

26.09.14 : Installation of new office bearers for the year 2014-15 attended by all members in press and media in Thalassery area.

PUBLIC RELATIONS & SOCIAL INVOLVMENT

02.10.2014: Pamphlets distribution on Anti Quackery Day.